

N F P Bulletin Fillers

- Who doesn't want their marriage to be joyful and lifelong? Did you know that the divorce rate among couples practicing NFP is less than 5%? Stark contrast to the average among Catholics married to Catholics of 28% or Catholics married to non-Catholics of nearly 50%. Find out more about what these couples have found to transform their marriages by contacting _____.
- Why Natural Family Planning? Because it's organic! Find out more by contacting _____.
- Authentic love is not just a feeling – it is the choice to love someone – in other words it is a free choice- it cannot be forced or arranged. It is the same choice to love someone fully – not just part of them for now. It is the choice to love someone forever – as in this lifetime. It is the choice that is naturally fruitful – meaning that it is expansive beyond just the two of you. It is also a choice to be faithful to our beloved for the course of our lifetime. Any other type of love is neither authentic nor the kind we desire and hope for. Why not learn more about Natural Family Planning by contacting _____?
- Natural Family Planning powerfully unites spouses together with God! Why not learn more? Contact _____.
- **God's Love, Our Love, Our Family: Discover Natural Family Planning**
Wondering what you can do to become closer to your spouse? Couples who use Natural Family Planning (NFP) report greater intimacy in their marriage than those who use contraception. Learn more at [provide a weblink](#) or by calling [_provide name/contact information](#).
- **An Alternative to the Birth Control Pill**
Did you know there is a safe, effective alternative to treating medical conditions for which some physicians prescribe hormonal contraceptives? The pill does not treat the underlying problems of conditions such as: endometriosis, polycystic ovarian syndrome, premenstrual syndrome, dysmenorrhea, and amenorrhea; it simply treats the symptoms. Natural Family Planning, in association with NaPro Technology, can help you identify the root of the problem and thereby help you experience reproductive and overall health. Learn more on the web at naprotechnology.com or dio.org/familylife/nfp or by calling [_provide name/contact information](#)
- **Married Couples, Are You Struggling with Infertility?**
Do you know there is an alternative to In Vitro Fertilization that is moral, much less expensive, and significantly more successful? Natural Family Planning (NFP), especially in conjunction with NaPro Technology (Natural Procreative Technology), can help a woman understand her cycle and identify and treat the root problems of infertility, so that your desire for (more) children may be fulfilled. Learn more on the web at naprotechnology.com or by calling [_provide name/contact information](#)
- **Want to Become a NFP Instructor? The Office for Marriage & Family Life Can Help!**
Were you graced with both the gift of teaching and the desire to teach Natural Family Planning? Please prayerfully consider serving in this needed and fruitful ministry. If

you are interested in becoming an NFP instructor of the method you practice in the Diocese of Springfield in Illinois, the Office for Marriage and Family Life has financial scholarships available to help you in your training. If not an instructor, consider becoming a witness couple and providing your witness at NFP seminars. Please contact provide name/contact information or email provide email contact for more information.

- **NFP** Looking for a safe, effective, natural method of family planning that respects God's plan for love and life? Classes in natural family planning will be held on _____ and _____ at _____ p.m. For more information on the NFP series and to register, call _____.
- Looking for something to enhance your marriage relationship and create a healthier, happier marriage? Consider Natural Family Planning. The three part series will begin at _____ on _____ at _____ p.m. For more information, contact _____.
- Married love is creative of life, for it is not exhausted by the loving interchange of husband and wife, but also contrives to go beyond this to bring new life into being. Married and conjugal love are by their nature ordained toward the begetting and educating of children. Children are really the supreme gift of marriage. (Humanae vitae # 9) For information on Natural Family Planning classes near you, call the Office for Marriage and Family Life (217) 698-8500.
- By its intimate structure, the conjugal act, which while most closely uniting the couple, also makes them capable of bringing forth new life, according to the laws inscribed in the very being of man and woman. By safeguarding both these essential aspects, the unitive and procreative, the conjugal act preserves in its fullest the sense of true mutual love and its ordination towards our most highest calling to parenthood. (Humanae vitae #12). For information on Natural Family Planning classes near you, call the Office for Marriage & Family Life (217) 698-8500.