

BULLETIN ANNOUNCEMENTS

Overcome pornography and other unhealthy sexual behaviors with a scientific, Catholic, anonymous online recovery program called RECLAIM SEXUAL HEALTH. Visit www.reclaimsexualhealth.com for more information.

RECLAiM is a powerful online resource designed to help struggling individuals integrate faith and recovery. A unique integration of Theology of the Body, faith practices and the Brain Science of Change exercises, RECLAIM brings psychology and spiritual direction from a Catholic perspective to those in need. Visit www.reclaimsexualhealth.com for more information.

Are you looking for information, support, and a comprehensive, anonymous recovery program to help those struggling with unwanted sexual behaviors—like porn addiction? Then visit RECLAIM SEXUAL HEALTH at www.reclaimsexualhealth.com today.

RECLAIM Sexual Health is a Catholic, online recovery program for those struggling with pornography and other unhealthy sexual behaviors. The RECLAIM professional team includes those with expertise in mental health, addiction recovery, neuroscience, online technology, Catholic scholars, theologians and therapists. It took years to create this remarkable online, anonymous recovery program that has been tested and proven with thousands of struggling individuals in more than 80 countries worldwide. Visit www.reclaimsexualhealth.com for more information.

Most people believe that “just trying harder” and exercising “more willpower” is the answer to overcoming porn addiction. This is the worst advice possible! You’ve got to learn how to “work with your brain” instead of “fighting against it.” Everything you need to break free is already built into the very structure of your brain—the same type of brain process that got you into this mess, can help get you out. The Catholic RECLAiM SEXUAL HEALTH recovery program will show you how. Enroll at www.reclaimsexualhealth.com today!

You can live in a technology-dominated, sexualized world without constantly falling into the pornography trap. Learn more at RECLAIM SEXUAL HEALTH. (www.reclaimsexualhealth.com)

Spiritual Combat is needed to fight the evil of pornography and other unhealthy sexual behavior that is overtaking our country. This multi-billion dollar industry is a dangerous terrorist attacking our children, families and country. IT WILL TAKE EVERYONE to reclaim our sexually saturated culture! It is time for Catholics to come together to RECLAiM SEXUAL HEALTH. Visit www.reclaimsexualhealth.com for more information.

Just as you have an immune system and a digestive system, you also have a Human Decision System. This system is centered in the brain, and is involved in every decision you make—good or bad. The key to overcoming pornography use and other sexual behaviors is learning how your Human Decision System works, and how to harness, nurture, train and direct this system so that you increasingly and consistently make the choices you need to reclaim God’s plan for your life.

The first step to developing a healthy, highly trained Human Decision System is understanding the “Brain Science of Change.” Once you understand exactly how your brain makes choices and builds habits, you can use this knowledge to start breaking out of your unhealthy sexual behaviors. Visit www.reclaimsexualhealth.com for more information.

Learn about the true nature of pornography addiction and the steps you must take to start moving toward your freedom. You can break free and have a close, committed, wonderful relationship with your spouse. Visit www.reclaimsexualhealth.com for more information.

Discover a different and breakthrough approach to pornography recovery by enrolling in an anonymous, online program at www.reclaimsexualhealth.com that provides your own personal coach, multi-media training, access to a worldwide member discussion forum, ongoing assessments, long-term daily tracking, cognitive-behavioral change tools and techniques.

Find freedom from pornography and other unhealthy sexual behaviors by enrolling in a safe and anonymous online recovery program that is accessible 24/7. Visit www.reclaimsexualhealth.com for more information.
