

Personal Safety Training Videos – Titles & Description

Grade Level	Ages	Title	Format	Length	Content	Distributed by
K-2	4-7	My Body Belongs to Me	VHS	*24 Minutes	Talks about private parts of the body, who owns your body, touching private parts of your body, talks about confusing touch, telling grown ups, etc.	Sunburst Visual Media 2 Skyline Drive Ste 101, Hawthorne NY service@sunburstvm.com
Pre-K-2nd	4-7	WHAT TADOO	VHS	*18 Minutes	Learn four basic rules: Say No, Get Away, Tell Someone and Sometimes Yell. Combines live action and puppets, in a humorous, but straightforward look at lures strangers use to entice children and the “uh-oh feeling” they could experience with certain touches even from people they know. (Also covers private parts of the body)	J. Gary Mitchell Film Company can be accessed through www.empowerkids.com
2nd – 4th	7-10	WHAT TADOO WITH SECRETS	VHS	*19 Minutes	Learn that secrets can be good or bad, and that telling bad secrets to a caring adult is the right thing to do. Combines live action and puppets. Teaches important lessons in making choices, distinguishing “good” Secrets from bad, and following basic rules for getting help or helping oneself.	J. Gary Mitchell Film Company can be accessed through www.empowerkids.com
3rd -4th	8-10	BELIEVE ME	VHS	*20 Minutes	Encouraged by a talk at school about everybody’s right to “say no” to touches that make you feel uncomfortable, Todd finally tells his Mother. Because of his stretching the truth on other issues, and because it is her Father, she does not believe him. Todd meets two trolls and the “Grindelsnitch”, puppet mentors. They talk with him about secrets and the need to keep telling. Todd tries to tell his Father and sister. Todd finally tells the school nurse and she helps him.	J. Gary Mitchell Film Company can be accessed through www.empowerkids.com
3rd -5th or 6th	8-12	When Should You Tell – Dealing with Adults	VHS	*15 Minutes	A 5 th grader candidly describes the humiliating events she kept secret for too long – her sexual molestation by her cousin Tommy, and how she got help. This program helps abused children know they’re not alone, that what they’re experiencing is not the norm, and that they can be helped by telling an adult they trust. It shares the insight into the feelings of sickness, guilt, fear, and the inability to concentrate which may follow an incident and shows them steps to take and resources they can rely on.	Oblate – Sunburst Visual Media

Grade Level	Ages	Title	Format	Length	Content	Distributed by
5 th -9 th	10-14	How Not to Be A Victim: Violence Prevention	VHS	*26 Minutes	Covers many safety topics including street safety, internet safety, sexual harassment, personal belongings, etc Great video for middle schools kids. (Contains some of the same scenes as the video <i>Talking About Sexual Harassment</i>)	Sunburst Visual Media 2 Skyline Drive Ste 101, Hawthorne NY service@sunburstvm.com
5 th -9 th	10-14	Talking About Sexual Harassment	VHS	*21 Minutes	Very good presentation of Sexual Harassment issues, well acted and filmed.	Sunburst Visual Media 2 Skyline Drive Ste 101, Hawthorne NY service@sunburstvm.com
7 th -12 th	13-18	No Excuses, Sexual Harassment	VHS	*26 Minutes	Demonstrates various kinds of sexual harassment in the school environment (such as unwanted propositions, rumor spreading and name calling) to more blatant kinds like physical blocking or touching. Real-life teens describe their experiences with Sexual Harassment. Viewers also hear from a Sexual Harassment Officer who suggests options and resources students can seek out to help them deal with an unwanted situation once it has been identified.	Human Relations Media www.hrmvideo.com
8 th -12 th	14-18	Breaking the Silence	DVD	*25 Minutes	Breaking the Silence was produced in the wake of the sexual abuse scandal in the Catholic Church, yet it's relevance is universal. Young people – those most affected – discuss and demystify this taboo subject. It features an educational section, enabling and encouraging classroom and group discussion. Interviews with members of the public exposing the popular myths surrounding abuse. One-on-one discussions between teens and experts. Dramatic testimony from the mother of a victim survivor. The DVD has breaks for the special discussion questions for the group viewing the video and a facilitator guide.	Diocese of Orange, CA Safe Environment Office 714-282-3077 P.O. Box 14195 Orange, CA 92863-1595 Order Form available at: http://www.rcbo.org/breakingsilence/index.htm

8 th - 12 th	14- 18	Luring College Student	DV D	10 minutes	Ken Wooden author of the Child Lures program, with the help of the CBS Early Show, taped this news segment demonstrating how easily college students were lured into doing things for strangers that could have potentially ended dangerously for the students. Very powerful message and easy, interesting and fast to watch for the students.	Child Lures Prevention, www.childluresprevention.com
---------------------------------------	-----------	-------------------------------	---------	---------------	---	---

*Not including discussion time.