CHILDREN FAMILIES AND THE HOLY SPIRIT: THE RESTORED ORDER SACRAMENTS

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Checking in....One to Ten

• How was your week?

• How is your prayer life?
  • Prayer is more like...
    • Talking or Listening
    • Words or Actions
    • Personal or Communal
    • Regular or Occasional

• How are your kids?

• How do you feel about Parenting?
  • Parenting is more like...
    • Herding cats or ducks in a row
Do you remember your Confirmation?

- What was it all about?
- What really happened?
The 5 Effects of Confirmation:

1. **Closer to Christ**
   - Unites us more firmly to Jesus Christ.

2. **Gifts of the Spirit**
   - Increases the gifts of the Holy Spirit in us: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.

3. **Fully Catholic**
   - Renders our bond with the Church (the Body of Christ) more perfect.

4. **Defend the Faith**
   - Gives us a special strength to spread and defend the faith as true witnesses of Christ.

5. **Child of God**
   - Roots us more deeply as children of God.
What is at Stake?

- Happy, Holy, Healthy Kids-Adults
- National Study of Youth and Religion
- Soul Searching
- Catechism of the Catholic Church
- Goals of Millennials

Do we think of our young people as a problem to be solved, or a gift to be shared?

- Going, Going, Gone: The Dynamics of Disaffiliation in Young Catholics
What’s at stake?

- 36% of young people ages 15 to 35 are religiously “unaffiliated” (or 19 million more in the last 6 years)
- The median age for leaving the Church is “13”

- 12-15% of all young adults identify as Catholic
- 20% of all adult Americans identify as Catholic
- 31% of Adults raised as Catholic now identify as NONE *same as general population

- Young people who left the church did not celebrate sacraments
  - 63% received First Communion
  - Only 33% received Confirmation

But, are we worried about recruiting to get our numbers up?  
Or are we seriously concerned for the salvation of our children’s souls and their ability to find joy in life?
• https://www.youtube.com/watch?time_continue=27&v=78pJiMAuJlE
Sacramental Catechesis Should:

- Appropriate to the age level and maturity of child
- Takes place within community
- Parents are central (especially for First Eucharist and Confirmation (NDC p127))
- Focuses primarily on the symbols, rituals and prayers for the rite
- Celebration is followed by Mystagogy
For Confirmation, Catechesis Should Include:

- Core Principles
  - Holy Spirit is 3rd person of Trinity
  - The Gifts and Fruits of the Spirit
  - Instruction the symbols (Anointing, Chrism, laying on of hands)
  - Bishop as ordinary minister

- Elements
  - Retreats or reflection time
  - Parents and sponsors are involved
  - Empower and enable for Discipleship/Mission

The goal being to lead the Christian “… to a more intimate union with Christ and a lively familiarity with the Holy Spirit…” (CCC 1309)
7 Things Kids Need from their Parents to Build Faith

1.) They need you to stop handing their faith off to other adults.

2.) They need you to care as much about their struggles as you do about their salvation.

3.) They need you to answer the questions they are asking.

4.) They need you to stop protecting them.

5.) They need to see God as more than rules and church attendance.

6.) They need to see your struggles and doubts.

7.) They need you to plead for God to build and sustain their faith.
Family Faith Practices

• Dinner together
• Blessings for the Day
• Practice Sabbath
• Serve together
• other ideas?
To give them the Gifts of the Spirit as early as possible so they can become strong, healthy, whole young disciples.

So they can understand and use wisdom to

- feed the hungry
- clothe the naked
- visit the ill
- pray for others
- instruct others
- forgive
- care for creation
- LOVE