Resources for Family Catechesis

Blest Are We
Faith in Action

Each unit of *Blest Are We Faith in Action* is based on a theme of Catholic belief and practice. The theme is studied over four individual chapters that correspond to the four pillars of the Catechism: What Catholics Believe, How Catholics Worship, How Catholics Live, and How Catholics Pray. Children grow in the Catholic faith and are equipped to put that faith in action.

Features for Families:
- Tear out *Take Home* pages with Scripture backgrounds, prayers, and other resources help families explore each chapter.
- The *Family Resource* booklets for each grade level provide a step-by-step process that guides parents in teaching the lessons at home.
- Digital resources, such as Chapter Reviews, allow parish leaders to assess and track the progress of families. Additional interactive resources engage children and families to help them better understand the Gospel message.

Bendecidos invites and encourages Hispanic children and their families to learn, love, and live the Catholic faith in their parishes and beyond. This multicultural program incorporates traditions and customs of many Hispanic communities.

Features for Families:
- Downloadable *Tiempo en Familia* pages provide Scripture background, prayers, and activities to help families explore each chapter.

Stories of God’s Love

*Stories of God’s Love* is a religion-readiness program that uses Bible stories and life stories to help young children discover God’s love for them. (Preschool program available in English only.)

Features for Families:
- *For My Family* page in each children’s leaflet includes a copy of the story for families to read together, as well as tips and ideas for nurturing faith in the lives of young children.
- Families: *The Heart of the Matter* magazine invites families to practice virtues at home. Every lesson has a corresponding virtue with practical suggestions for practicing that virtue in the home. Families can use the magazine alone or in conjunction with the Kindergarten program. (Available in English only.)

The Bible for Little Ones

*The Bible for Little Ones* assists parents in introducing the Bible to their little ones. The beautiful illustrations and simple teaching process help children to understand and remember the Scripture stories, so they may grow in their love of God and know that God loves them.

Features for Families:
- Twenty Scripture stories specifically adapted for children ages 3-7.
- Step-by-step suggested activities that invite families to experience the Word of God together.
- Streaming access for twenty-one songs that help children to internalize the Word of God.
Sacraments are special experiences of God’s grace and formational opportunities for the entire family. RCL Benziger’s initiatory catechesis programs encourage family engagement every step of the way as children journey toward the celebration of the Sacraments and to continued growth as disciples of Jesus. RCL Benziger offers four different Sacraments series.

Features for Families:

- **Family Guides**, available in print or as digital downloads, provide families with the easy-to-accomplish lessons to prepare children at home or to reinforce lessons taught in religious education classes.
- **Online resources** developed to support families as the primary place of formation. Resources include discussion starters, prayers, activities, coloring pages, and more.

Our Catholic Heritage is an entry-level text for children who have had little to no formal catechesis and their families. Whether children and their families are new to the Church, returning to the Church, or new to Catholic education, Our Catholic Heritage eases the transition into any religious curriculum.

Features for Families:

- **With My Family** page for each chapter that highlights the concepts covered, providing suggestions for living as disciples and praying as a family.

Families in the United States today are under great stress, and need the support of the Church. The Family Life program offers a catechesis of hope for families who face the challenges of complex issues in contemporary life. Incorporating child safety and human sexuality within the context of family living, Family Life provides children and families with a wholesome formation in Catholic moral virtues.

Features for Families:

- flexible materials that can be used as part of faith formation in a parish or school or by families in the home.
- **Parent Connection** booklets for each grade level. These booklets support the parents’ role as the first and primary educators of their children in faith and family life by providing moral catechesis related to age-appropriate lesson themes, background on children’s psycho-social and faith development, and practical strategies for communicating as a family.
- a virtue-based process for moral formation that helps families and their children make good moral decisions; develop a Catholic understanding of human sexuality and a reverence for the human body; recognize, respond and report any inappropriate behavior; and live a healthy, happy and holy family life.
## Blest Are We Faith in Action

### Classroom Model
- Children are taught by teachers or volunteer catechists in grade level groups.
- Classes meet from September to May—weekly for thirty sixty-minute lessons or bi-weekly for fifteen two-hour sessions

### Suggestions for Family/Parish Partnerships
- Invite adult family members to join grade-level classes for chapter or unit reviews, using the activities from the Additional Activities
- Enhance and reinforce catechetical formation by inviting families to use Family Life, RCL Benziger’s virtue-based moral formation program, at home.
- Designate one session per month as a Faith At Home session, where families use the Family Resource to complete the chapter for that week. Do not hold gathered classroom sessions that week.

### At Home
- Parents facilitate religious instruction at home following the same curriculum as the classroom model, using the Family Resource booklet.
- Families report progress to the parish DRE at the end of each unit.

### Suggestions for Family/Parish Partnerships
- Ask all adult family members to gather for three meetings per year—introductory, mid-year check in, and end of the year wrap up. Use the Director’s Resource for meeting outlines and prayer experiences.
- Schedule monthly in-parish gatherings for families around a topical calendar. These sessions can be intergenerational or adults can attend their own session while young people move into grade level groups for instruction. See Director’s Resource for an example.
- Plan four or five intergenerational gathered sessions through the year, focused on the liturgical year, using Our Family Gathers, or moral formation using the Family Life Unit-Based Model.

### Summer Concentrated Model
- The entire curriculum is taught in a ten-day, four to six hours per day, period. See Director’s Resource for sample plan.

### Suggestions for Family/Parish Partnerships
- Using Family Resource as a guide, add a one day mini-retreat for families or a parent session at the beginning or end of each day to help families extend the lessons of the day.
- Help families stay connected to faith formation throughout the academic year by inviting them to four or five intergenerational gathered sessions exploring the liturgical year using Our Family Gathers or moral formation using Family Life.

For more information or to purchase products visit OURFAMILYFAITH.COM