Liturgy is the first school of the Church. We learn by praying; we learn by doing. In our faithfully praying the Church’s Liturgy Sunday after Sunday, we strengthen our belief. In our faithful praying week by week, we strengthen the gift of faith we have from God and deepen the relationship we have with God in Christ.

This short list offers suggestions for ongoing Faith Formation that is so essential to the Christian life. Within, individuals and small and large groups may find a follow-up for “Why Catholic?” or a next step for Whole Community Catechesis / Generations of Faith, Small Christian Communities, the New Evangelization of the Catholic Church, and other faith sharing groups as we embark on the Year of Faith.
# Springfield Catholicism Project

- NB: not affiliated with Word on Fire Catholic Ministries or *Catholicism* DVD series

## Resources for use with the Fr. Robert Barron *Catholicism* DVD series

### Resources to use with the *Catholicism* DVD Series by Fr. Barron.

A joint project of the Office for the Missions and the Office for Worship and the Catechumenate

<table>
<thead>
<tr>
<th>Book and DVD Series</th>
<th>Robert Barron.</th>
</tr>
</thead>
<tbody>
<tr>
<td>DVD Set: <em>Catholicism: Journey Around the World and Deep into the Faith.</em></td>
<td>List: $150.00</td>
</tr>
</tbody>
</table>

### Website:

http://www.catholicismseries.com/

For more information:

**Vicki Compton**, Office for the Missions  
(217) 698-8500  
ext. 120  
vcompton@dio.org

**Eliot Kapitan**, Office for Worship and the Catechumenate  
217) 698-8500  
ext. 177  
ekapitan@dio.org

### Office for the Missions and the Office for Worship and the Catechumenate  
Diocese of Springfield in Illinois

**Catholicism Project**  
List: Free; supplement to book and DVDs

#### BASIC RESOURCES:

- **Memo** – how to access and use these diocesan resources
- **Journal Book** – discussion questions, glossary, items for each episode (24 pages)
- **Prayer Book** – a brief opening prayer for each episode (20 pages)
- **Additional Resources Book** – more questions, etc. for each episode (60 pages)

#### EPISODE-BY-EPISODE RESOURCES:

The Basic Journal, Prayer, & Additional Books plus **Extra Resources** from the Office for Worship and the Catechumenate

<table>
<thead>
<tr>
<th>Individual Use</th>
<th>Small Group Use</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>w/ Discussion Q</td>
</tr>
<tr>
<td></td>
<td>w/ Study Guide</td>
</tr>
<tr>
<td></td>
<td>Bulletin Short</td>
</tr>
<tr>
<td></td>
<td>Handout</td>
</tr>
<tr>
<td></td>
<td>Other</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Individual Use</th>
<th>Small Group Use</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>w/ Discussion Q</td>
</tr>
<tr>
<td></td>
<td>w/ Study Guide</td>
</tr>
<tr>
<td></td>
<td>Bulletin Short</td>
</tr>
<tr>
<td></td>
<td>Handout</td>
</tr>
<tr>
<td></td>
<td>Other</td>
</tr>
</tbody>
</table>

Link: [http://www.dio.org/catholicismproject/](http://www.dio.org/catholicismproject/)
Catholicism Project
Episode Titles:
Episode # 1 – Jesus both God and Human
Episode # 2 – The Teachings of Jesus
Episode # 3 – The Mystery of God
Episode # 4 – Mary, the Mother of God
Episode # 5 – Peter and Paul
Episode # 6 – Christ and the Church
Episode # 7 – Liturgy and the Eucharist
Episode # 8 – The Communion of Saints
Episode # 9 – Prayer and the Life of the Spirit
Episode # 10 – The Last Things

SUNDAY MASS AND SUNDAY

Karen Kane.
Knowing Christ in the Sunday Mass.
Conociendo a Cristo en la Misa dominical.

WLP code: 001705
List: $5.00
Paper, 5.5x8.5, 40 pp

Individual Use
Small Group Use
w/ Discussion Q
w/ Study Guide
Bulletin Short
Handout
Other

Link: http://www.wlp.jspaluch.com/12934.htm

Consists of four short chapters on Sunday Mass; in English and Spanish. Each chapter is 4-pages with exposition of topic, 2-3 reflection questions, summary, and [Other] 2-3 quotes from Church teaching supporting the topic and questions.

1. Where do I meet Christ? At the Sunday Mass!
2. Where do I hear Christ speak? At the Sunday Mass!
3. Where do I receive and become Christ? At the Sunday Mass!
4. Where do I witness to Christ? At the Sunday Mass!

Part of the series Worship Works: Practical Guides for Liturgy. Although many in series are for specific liturgical ministers, the following have broader appeal for the assembly and also helpful:

- Rev. Ron Raab, CSC, Real World, Real Worship, WLP code 001703;
- Mary Beth Kunde-Anderson; Jerry Galipeau; Bruce Croteau; Leia Anslinger, Perspectives on Participation/Perspectivas sobre la Participación, WLP code 001704;
- Rev. Lucien Deiss, CSSp, When Christians Pray the Psalms, WLP code 017281;
- Delores Dufner, OSB, James Field, Michael Balash, Virgil C. Funk, John Thomas Lane, SSS, Christ Present in the Work of the Liturgy, WLP code 017283.
Corinna Laughlin and Miguel Arias. 
*Feast of Faith / Fiesta de la Fe.*

Franklin Park IL: World Library Publications 
2012. 
ISBN: 978-1-58459-583-0. 
WLP code: 012805 
List: $14.95 
Paper, 6x9, 119 pp, CD-ROM

**Link:** [http://www.wlp.jspaluch.com/12950.htm](http://www.wlp.jspaluch.com/12950.htm)

Contains 52 half-page articles of bite-size information on the Mass; begins with four introductory 
articles; then treats the Mass rite-by-rite from beginning to end. 
Use as bulletin shorts for positive ongoing formation on why we say what we say and do what we do during Mass. 
Catechists can use as tool to help teaching; also as handout. Trainers for liturgical ministry can use as supports and reminders of why ministers and assembly act the way they do. Preachers and liturgists can use for liturgical contexts and catechesis. 
Other: bilingual; CD for unlimited reprints and web posting.

Jerry Galipeau. 
*Apprenticed to Christ: Activities for Practicing the Catholic Way of Life.*

Art by Paula Wendland. 

Franklin Park IL: World Library Publications, 
2007. 
WLP code: 017266 
List: $16.95 
Paper, 8.5x11, 112 pp

**Link:** [http://www.wlp.jspaluch.com/3334.htm](http://www.wlp.jspaluch.com/3334.htm)

Inspired by the principle that one learns how to be a Christian by doing what Christians do, *Apprenticed to Christ* provides catechists with ideas and resources for the “apprenticeship” of catechumens, candidates, and others participating in parish religious formation. 
Brief introduction makes the case for apprenticeship and catechesis for conversion. Page 8 provides “A Catechetical Method: Mystagogical Catechesis in the Session for Christian Formation” that is worth the price of the book. 
This hands-on method, the Church's preferred approach for the catechumenate, is presented in a systematic, easy-to-use format based on the Liturgy of the Word for Sunday Mass, with activities suggested for each Sunday of the three-year cycle of *Lectionary for Mass* readings. 
Other: connections to the Sunday readings; recommended links with the teaching of the Catholic Church; apprenticeship activity; short list of catechetical resources.
A five unit program to learn more about the source and summit of our Christian life: the Eucharist. Part 1: Gathering; Part 2: Liturgy of the Word; Part 3: Giving Thanks; Part 4: Communion; Part 5: Sending.

For each unit there is a script for a spoken introduction at Mass, a reproducible bulletin insert or stand-alone article with questions for reflection and discussion, a table tent with questions for reflection and discussion at small group gatherings, and expanded text materials for posting on your parish website. Other: All of the material included in the book and on the CD-ROM is presented in full color, for ease of duplication and distribution.

**Diocese of Springfield in Illinois:** Go to [http://www.dio.org/worship/mass-and-roman-missal.html](http://www.dio.org/worship/mass-and-roman-missal.html) for nine booklets (8 pages each) comparing old with new Mass texts; insights, tips, and prayer.

On liturgical formation and liturgical catechesis on Mass and the Eucharist. See and use the companion, *Forming the Assembly to Celebrate Sacraments*, by the same author. Great questions.

The Second Vatican Council envisioned a Church whose people could understand and participate fully in the liturgy. The author gives us a tool for catechizing our communities.

This concise, lively book gives information: answers questions that parish councils, liturgy boards, liturgical ministers, adult formation groups and individuals in the assembly have about what the official rites call for and how we can celebrate them well. It provides an opportunity for group reflection and discussion – primary activities in adult formation. It will enable parishioners to integrate new learning with faith insights and thus become more aware and discerning participants in the Mass.
A practical guide to each part of the Mass, offering historical development, theological reflection, relevant documents, and discussion questions.

This book first appeared as a resource for the 1981-1982 national study of the Mass, coordinated by the FDLC at the request of the Bishops’ Committee on the Liturgy. Newly revised in light of the publication of the of the *Roman Missal, Third Edition*, this workbook guides the reader or study group through each part of the Mass in great detail by outlining the historical development, quoting in full the relevant official documents, providing theological reflection, and presenting discussion questions. Written in clear non-technical language.

Publicado primero como un libro de acompanamiento al estudio nacional sobre la Misa que se condujo durante los anos 1981-1982, mismo que organizo la Federacion de Comisiones Liturgicas Diocesanas (FLDC) a nombre de la Conferencia Episcopal.

Ahora, la edicion de 2005 hace uso de la nueva Instruccion General para el Uso del Misal Romano, Tercera edicion tipica y de Normas para la Celebracion y Recepcion de la Sagrada Comunion bajo dos Especies en Las Diocesis de Los Estados Unidos de America, asi como la Introduccion al Leccionario para la Misa. Presentamos un recurso ideal para los comites liturgicos parroquiales, para la catequesis acerca de la Misa, y por su puesto, para su uso en el proceso de la Iniciacion Cristiana.
Various.
*At Home with the Word.*

Chicago: Liturgy Training Publications, annual.
LTP code for 2013: AHW13
List: $8.00; quantity discounts
Paper: 8x10, 144 pp; also available in large print


A guide to a deeper understanding of the Sunday Scriptures. Provides the readings for current year of the *Lectionary for Mass*, insights from Bible scholars, and action steps. Additional questions and action steps for families with children, RCIA, and small faith groups may be downloaded from the LTP website: [http://www.ltp.org](http://www.ltp.org).

Also includes prayers, citations for weekday readings, and other resources for Scripture study.

Miguel Arias.
*Palabra de Dios* 2013.

Chicago: Liturgy Training Publications, annual.
LTP code for 2013: PD13
List: $8.00; quantity discounts
Paper: 8x10, 144 pp


Spanish version of the above with:
- suggestions for daily living,
- citations of weekday readings and those for special feast days,
- simple orders of Morning, Evening, and Night Prayer,
- a psalm and prayer for each season of the year that can be used to open the discussion in a study or prayer group.
♣ Daily Use ♣

Give Us This Day: Daily Prayer for Today’s Catholic.

Collegeville: Liturgical Press, annual subscription.
(800) 858-5450
Monthly
Annual subscription, paper: $39.95
Annual subscription, large print: $49.95
Annual subscription, digital: $19.95
Paper, 4 x 7, approx. 380 pp
Group subscription pricing available
Free sample

Link: [http://www.giveusthisday.org/default.htm](http://www.giveusthisday.org/default.htm)

A new, personal prayer periodical. Deeply rooted in the Catholic tradition, Give Us This Day is about prayer – praying daily, praying well, praying with confidence. It supports your desire to establish prayer as a part of your life, enhancing your existing practices, and deepening your encounter with God by providing:

- A practical approach to daily prayer;
- Prayers and readings for daily Mass;
- Texts for the Order of Mass;
- Daily prayer, Morning and Evening;
- A reflection on the Scriptures for each day;
- A saint for each day of the week;
- Art and music and brief articles.

Other: experienced small groups could use for Sunday and/or daily preparation of Mass texts and the short articles for faith-sharing and discussion.

♣ Sacraments ♣

Lawrence E. Mick.
Forming the Assembly to Celebrate the Sacraments.

LTP code: FASAC
List: $7.00
Paper, 6 x 9, 80 pp

On the liturgical formation and liturgical catechesis for these Sacraments: Baptism, Confirmation, Penance, Anointing, Holy Orders, and Marriage. See and use the companion, Forming the Assembly to Celebrate the Mass for Eucharist. Great questions.

The Second Vatican Council envisioned a liturgical assembly that could understand and participate fully in the liturgy. Lawrence Mick offers insights and suggestions for helping our communities understand the work they are called to do when celebrating the sacraments.

Once leaders are prepared, the book can then be used for catechizing the whole assembly, parish councils, liturgy boards, liturgical ministers, adult formation groups, and individuals.


Covers all seven Sacraments; puts these core experiences into their historical and theological context, and illuminates the ways the sacraments bring us together as God’s people. They are activities that require preparation to bring us to the fullness of our life in community and in Christ.

Takes the next step beyond the good work of Forming the Assembly to Celebrate the Sacraments by the same author.


Link: [www.ligouri.com](http://www.ligouri.com)

The first chapter covers worship, liturgy, and rite. There is a chapter on each of the seven Sacraments. Covers the history, ministers, how is ministered, and how it should affect the individual receiving the Sacrament. Discussion questions follow.

This is an easy read and very understandable. Small group discussions will encourage the individual to go back and think about the Sacraments received and the impact they have had on life. Questions could also be used for personal journaling.

Other: sources used and suggestions for further reading at end of each chapter.
● LITURGY, THE YEAR, AND PRAYER ●

Modern Liturgy Bulletin Inserts 4: 340 Inserts  
Revised to reflect the changes in the  
ISBN-10: 0-89390-698-0.  
List: $59.95  
CD-ROM  


This CD incorporates the previous Volumes 1, 2, and 3 into Volume 4 with a total of 340 topical inserts on Mass, Sacraments and Liturgy, devotion, liturgical year, ministry, furnishings, vestments, and gestures.  
Use as insert in bulletins, parish and school newsletter, and catechesis.  Use as supplements to other study and discussion programming.  
Print the table of contents for the CD as a quick reference of topics.  Several choices on how to access the topics on the CD (tiff, rtf or pdf).  Can import the complete insert into your layout to use as is; or import into layout or word processing software and format any way you want.

Joyce Springer.  
Handbook of Sacraments for Today’s Catechist.  
Product code: 819469  
List: $6.99  
Paper, 5x7, 112 pp  

Link:  http://www.ligouri.org/productdetails.cfm?PC=11779

Three subtitles:  Covers All Seven Sacraments; Practical Activities; Age-appropriate Explanations.
This book contains 10 easy to read chapters and would be a good resource for catechists, catechumenal team members working with children, and family faith groups.  Chapter 1 – Sacraments: God’s Special Gifts; Chapter 10 – Templates and Guidelines for Activities; Bibliography.  
Each chapter contains sections on the theology behind the Sacrament, a catechetical perspective, a family connection (activities and reflections to be done together within the family), and a host of catechetical activities to reinforce the Church’s teaching on each of the Sacraments.

◆ 10 ◆
These sessions are ideal for RCIA inquiry and for parish adult faith formation in general. If used in the Period of the Catechumenate, care must be taken to honor the agenda and method given in RCIA, no. 75 – use the given readings and prayers of the Sunday.

Based on solid principles of adult learning, these sessions focus on the core elements of our faith: God the Creator, Jesus Christ, the Holy Spirit, the Creed, the Blessed Trinity, as well as sessions on forgiveness and human suffering. All sessions are reproducible from the included CD-ROM which contains handouts, discussion/reflections questions, and other materials.

This book has 18 chapters divided between four parts corresponding to the four pillars of our faith:

Part One – The Creed: Holding On To Faith
Part Two – The Sacraments: Expressing Faith
Part Three – The Moral Life: Living Faith
Part Four – Prayer: Praying Faith

Excellent resource for individual and group use. Every chapter helps the reader understand faith in terms that are easy to relate to everyday life. Even without using the Leader’s Guide, small groups can easily engage in conversation. Construction analogies are used for the building of faith. Because of the 2008 publication date, page 27 uses the old translation of the Nicene Creed and page 101 uses the old translation of the Confiteor. Easily remedied with inserts.

Ronald Patrick Raab, CSC.
WLP code: 001748
List: $7.95
Paper, 6x9, 53 pp

<table>
<thead>
<tr>
<th>Individual Use</th>
<th>Small Group Use</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>w/ Discussion Q</td>
</tr>
<tr>
<td></td>
<td>w/ Study Guide</td>
</tr>
<tr>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td></td>
<td>Bulletin Short</td>
</tr>
<tr>
<td></td>
<td>Handout</td>
</tr>
<tr>
<td></td>
<td>Other</td>
</tr>
<tr>
<td></td>
<td>X</td>
</tr>
</tbody>
</table>

This book contains 7 chapters or stations covering: proclaiming, anointing, praying, blessing, serving, washing, and believing. Very easy to read and understand. Each of the chapters has a prayer service for praying a particular station which could be used as part of a parish meeting, class, or other small group. This is liturgical catechesis at its best: celebrate well first, and then reflect in a mystagogical style after.

Opens Thursday, 11 October 2012 – closes Sunday, 24 November 2013

- The logo is composed of a square, bordered field on which a boat, symbolizing the Church, is represented as sailing on a graphically minimal representation of waves. The main mast of the boat is a cross from which sails are displayed in the form of dynamic signs which compose the trigram of Christ (IHS). The background to the sails is a sun which, associated with the trigram, refers also to the Eucharist.